

Ellicott City Senior Center Plus

November 2014



Hours: Monday-Thursday 10:00am – 2:00pm, Friday 10:00am-1:00pm

Felicia Stein, Senior Center Plus Director; fstein@howardcountymd.gov

Joyce Nagel-Mortell, Senior Center Plus Assistant Director; jnagel@howardcountymd.gov



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Coffee Talk 10:15 Good Old Days 10:45 Leadership U 12:00 Lunch 12:30 Paws 4 Comfort 1:00 IPAD 3	10:00 Coffee Talk 10:15 Good Old Days 11:00 OT Students Therapeutic Activity 12:00 Lunch in Plus 1:00 Exercise w/Fran 4	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Music w/Ed S. 5	Aquatic Wellness Program at Roger Carter Center 3000 Milltowne Drive Ellicott City, MD 10:00-2:00 6	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 7
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 Chapelgate Cherubs (Sesame Street) 10	VETERAN'S DAY ECSC+ CLOSED 11	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Music w/Janice Connelly 12	Thanksgiving Luncheon at Ten Oaks 13	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 14
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 IPAD 17	10:00 Coffee Talk 10:15 Good Old Days 11:00 OTA Students Fall Prevention Activity 12:00 Lunch 1:00 Exercise w/Fran 18	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Art w/Barry and Maddy 19	STAFF MTG ECSC+ CLOSED 20	Bowling and Lunch at Normandy Bowling Alley (410) 465-0355 10:00-1:00 21
10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:30 Paws 4 Comfort 1:00 IPAD 24	10:00 Coffee Talk 10:15 Good Old Days 10:45 Music w/Ed L. 12:00 Lunch 12:30 Lyric Opera House Performance 25	10:00 Coffee Talk 10:15 Good Old Days 10:45 Exercise w/Vickie 12:00 Lunch 12:45 Birthday Party & Music w/ Peter Francis 26	HAPPY THANKSGIVING ECSC+ CLOSED 27	HAPPY THANKSGIVING ECSC+ CLOSED 28
				Birthstone – Topaz (Fidelity) Flower – Chrysanthemum  Color(s) – Dark Blue and Red

Let's Celebrate our November Birthdays!



A big thank you to Gary Pon for the delicious cakes he bakes for our monthly birthday celebrations!
This month we will be celebrating birthdays on Wednesday, November 26th **at 12:45.**

Please feel free to join us as we wish
a very happy birthday to Jerry, Inna, Alberta, Irene, Lorraine, Lloyd, Nell and Mary!

IMPORTANT DATE(S) TO PUT ON YOUR CALENDAR!

ECSC+ Trip to Roger Carter Center – Thursday, November 6, 2014

ECSC+ CLOSED – Tuesday November 11, 2014 Veterans Day

ECSC+ Thanksgiving Luncheon at Ten Oaks – Thursday, November 13, 2014

ECSC+ CLOSED – Thursday, November 20, 2014 Staff Meeting

Caregiver Conference at NLCC – Saturday, November 22, 2014 (8:00 AM -3:00 PM)

(On-site Respite Care Provided)

ECSC+ CLOSED – Thursday, November 27th and Friday November 28th

To inquire about resources, respite care needs, and/or caregiver support, contact
Maryland Access Point of Howard County (MAP) at 410-313-5980 or

Email: map@howardcountymd.gov

Inclement Weather Policy:

When Howard County Schools are closed or delayed two hours due to inclement weather,
Ellicott City Senior Center Plus is closed. If the schools are delayed by one hour, the center is open.



HT Ride Contact Information: 1-800-270-9553...Press 3

Scheduling...Press Option 1

Ride Cancellations & Check on your Ride ...Press Option 2

Certifications...Press Option 3

Submit a Compliment or a Concern...Press Option 4